



Healthy Communities Partnership Day Policy Direction Worksheet

Policy Direction: Mental Health Adults - Francophone

Draft Policy Direction:

Create policies that support positive mental well being among adults

Target: Adults 25+

Participants: adults in workplace, families, community organizations

Settings: workplaces, community

Activities:

Engage community in identifying needed policies

Identifying individual assets and understanding of mental health and illnesses

Identify workplace policies to support mental health and well being

After reviewing the draft policy direction, what would this group add?
<p>Policy: Create policies that support positive mental well being among adults</p> <p>Target: Adults 25 +</p> <p>Participants: Adults in workplace, families, community organizations</p> <p>Setting: Workplaces, community, homes</p> <p>Activities: Address isolation issues with francophone seniors. They need to be reached out in their language and culture, where they live (homes, senior residences) Invited to participate in activities and receive support with transportation to get to the activities / come out of their isolation.</p>

Action to Advance the Policy Direction

<p>What actions could you do in your organization/workplace or sphere of influence?</p> <ul style="list-style-type: none"> • Put in place a volunteer driver/ program that pays kilometers. Try to find funds for this. • Find staff / resources to do it (CCAC) with link to the francophone community 	<p>What actions could you take in your network?</p>	<p>What actions could be taken to advance the policy direction in the community?</p>
<p><u>Children and Youth</u> Activity: Do these activities with the French schools, in French Activity: Adapt what would be developed in English to the French schools with the Francophone partners (schools, community organizations like the Club Champlain) Activity: Link with Francophone Youth mental health resources in Ottawa and Kingston and area for local partnerships, knowledge, transfer, bring them to the French schools with community families</p>		

Supports to Advance the Policy Direction

How can we support each other in advancing this policy direction?	What supports would we need from the Health Communities Partnership? (Examples: assessment, training, resources, evaluation)

Additional Comments